

# Curriculum Vitae



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## Office:

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**Language Skills:** Farsi, English

## Education

- Isfahan University of medical science Iran, Doctor of medicine (M.D). 1985-1992  
Theses Title: determination of prevalence of rheumatic fever in Iranian Population.
- Department of cardiology, faculty of medicine Isfahan Medical University, Isfahan, Iran.  
Cardiologist (1995-1999)  
Theses Title: Validity determination of ST depression during recovery period of exercise test  
for diagnosis of CAD
- Department Of Interventional Cardiology. Faculty Of Medical Isfahan Medical University.  
Isfahan, Iran Interventional Cardiologist. (2001-2003 )

- different professional educational courses in different techniques in peripheral and coronary intervention from Italy ,Belgium, Germany, Frances.

### **Employment**

- Head of Hypertension Research center, Isfahan. Iran
- Deputy of Interventional Cardiology research center, Isfahan, Iran
- Deputy Director of the Cardiology Research Institute.
- Deputy Head of the Cardiac Intervention Department of the Heart Department at the Department of Cardiac Intervention, Head of Department of Shahid Chamran Hospital.
- Faculty member of Isfahan Cardiovascular research Center.

### **Specific Duties and Responsibilities:**

- Head of Hypertension Research center, Cardiovascular Research Institute, Isfahan University of Medical Sciences, Isfahan, Iran.(2011-2013 , 2016- continues)
- Head of Interventional Cardiology Research center, Cardiovascular Research Institute, Isfahan University of Medical Sciences, Isfahan, Iran(2013-2016)
- Deputy Director of the Cardiology Research Institute(2016- continues)
- Deputy Head of the Cardiac Intervention Department of the Heart Department at the Department of Cardiac Intervention, Head of Department of Shahid Chamran Hospital, and Member of the Medical Committee of Shahid Chamran Hospital (2016- continues)
- Head of the CCU Department of Shahid Chamran Heart Center(2015 - continues)
- Head of Department of Clinic of Shahid Chamran Heart Center(2015 – continues)
- Educational Assistant of Isfahan Cardiovascular research institute.(2016 – continues)
- Research Assistant of department of cardiovascular medicine. (2012-2016)
- Head of the cardiology department of Al-Zahra hospital.(2012-2013)
- Activity as Section editor in Interventional Cardiology in Arya Scientific Journal.(2013- continues)
- Scientific secretary of the Working Group on Blood Pressure(2015- continues)
- Responsible for the research and educational council of the Iranian Cardiovascular Research Network (2015- continues)
- Member of the Strategic and Policy Council of Isfahan Cardiovascular Institute(2016- continues)
- Head of clinical research unit in Isfahan Cardiovascular Research Center. (2004-2006)
- Head of organizing and programming the intervention conference in Chamran hospital (...May 2007).
- Deputy for science committee of national program (IHHP). (2000-2007).
- Head of educational programs for physicians in Isfahan Cardiovascular Research Center. (2004)
- Executive management for Isfahan Cardiovascular Research Center. (2004-2006)
- Holding Training Seminars on Secondary Prevention in Cardiovascular Diseases for physician with cooperation of WHO and Isfahan Cardiovascular Research Center

**Work experience (training course):**

- Coronary Intervention (11 years)
- peripheral vascular intervention (7 years)
- Participating in the training workshop on the method of international classification of diseases ICD 10-1999.
- Participating in the workshop of developed clinical trial in medical research 2003
- Participating in the fellow in vascular intervention Leuven belgium 2005 and 2009
- Participating in the workshop on Methods of Writing and Presenting Medical Articles, 1999.

**Membership:**

- Member of Research methods committee of Isfahan Cardiovascular Research Center.
- Member of Iranian Heart foundation and Iranian Heart friends.
- Member of the Strategic Council of the Cardiology Research Network.(2011- continues)
- Member of Research council of cardiovascular research Institute.(2013-continues)
- Member of Research council of Isfahan cardiovascular research center (2009-Continues).
- Member of Research council of school of medicine, Isfahan University of Medical Sciences. (2013-2015)
- Member of public council of group Phd by research of Isfahan University of Medical Sciences.(2014 – continues)
- Member of the council of the scientific Arya Atherosclerosis journal.(2013-2014)
- Member of technical committee of Strategic Plan for Prevention and Control of Cardiovascular Diseases comprehensive map of the province's health.(2013- continues)
- Member of the Committee on the Treatment, Medicine and Medical Equipment of the Shahid Chamran Heart Center(2016- continues)
- Member of the Public Health Clinical Committee(2015- continues)
- Member of the research and educational council of the Iranian Cardiovascular Research Network (2015 – continues)
- Member of the Board of Contracts for Promotion-Certified Cardiovascular Diseases.
- Member of publish committee of School of Medicine.
- Member of essential medical training programs In sections apprenticeship and heart.(2009)
- Member organizations multicenter research databases.(2006)
- Committee member financial evaluation of research projects Isfahan Cardiovascular Research Center.
- Member of editorial board and consultants team of Research in medical science Journal (from 2008)

## Published Articles:

### International:

1. **Khosravi A**, Pourmoghadas M, Movahed M.R. Successful percutaneous closure of a large symptomatic AV fistula using an amplatzer occluder device. *Cardiovascular Revascularization Medicine*.2018.....
2. Eghbali- Babadi M, **Khosravi A**, Feizi A, Sarrafzadegan N. Design and implementation of a combined observational and interventional study: Trends of prevalence, awareness, treatment and control hypertension and the effect of expanded chronic care model on control, treatment and self-care. *Arya Atherosclerosis*.2017; 13(5):211-220.
3. Bahonar A, **Khosravi A**, Khorvash F, Maracy M, Saadatnia M Seasonal and Monthly variation in stroke and its subtypes-10 Year Hospital-Based Study. *Mater Sociomed*. 2017; 29(2):119-123.
4. . Bahonar A, **Khosravi A**, Khorvash F, Maracy M, Oveisgharan S, Mohammadifard N, Saadatnia M, Nouri F, Sarrafzadegan N. Ten-year trend in stroke incidence and its subtypes in Isfahan, Iran during 2003-2013. *Iran J Neurol*. 2017. 7; 16(4):201-209.
5. Haidari A, Moeini M, **Khosravi A**. The Impact of Peer Support Program on Adherence to the Treatment Regimen in Patients with Hypertension: A Randomized Clinical Trial Study. *Iran J Nurs Midwifery Res*.2017;22(6):427-430.
6. **Khosravi A**, Rajabi D, Pourmoghadas M, Roohi A, Esmaili M. The role of manual thrombectomy in cardiovascular outcome among patients with total cutoff vessel myocardial infarction undergoing primary percutaneous coronary intervention. *Arya Atherosclerosis*.2017; 13(2):66-72.
7. **Khosravi A**, Andalib E, Khalidifar A, Hajizadeh M,Nejati M,Behjati M. Pulmonary thromboembolism presenting with recurrent bradycardia and hypotension. *Tanaffos*.2017; 16(3):248-250.
8. Mohammadifard N, Khaledifar A, **khosravi A**, Nouri F, Pourmoghadas A, Feizi A, Esmailzadeh A, Sarrafzadegan N. Dietary sodium and potassium intake and their association with blood pressure in a non-hypertensive Iranian adult population: Isfahan salt study. *Nutrition & Dietetics*. 2017; 74(3):275-282.
9. Givi M, Sarrafzadegan N,Garakyaraghi, Yadegarfar G, Sadeghi M, **Khosravi A**, Azhari A.H, Samienasab M.R, Shafie D,Saadatnia M, Roohafza H, Paydari N,Soleimani A,Hosseinzadeh M,Ahmadi S.A,Dehghani L,Najafian J,Andalib E,Shahabi J,Sabri M.R. Persian registry of cardiovascular disease (Prove): Design and methodology. *Arya Atherosclerosis*.2017; 13(5):236-244.
10. Roghani F, Tajik MN, **Khosravi A**. Compare Complication of Classic versus Patent Hemostasis in Transradial Coronary Angiography. *Adv Biomed Res*. 2017.26;6:159.
11. **khosravi A**, M Sadeghi, M Barghikar.Which Components of Metabolic Syndrome have a Greater Effect on Mortality, CVA and Myocardial Infarction, Hyperglycemia, High Blood Pressure or Both? *Advanced Biomedical Research*. 2017;6(1):121.
12. Golpour-Hamedani S, Mohammadifard N, **Khosravi A**, Feizi A, Safavi M.Dietary approaches to stop hypertension diet and obesity: A cross-sectional study of Iranian children and adolescents. *ARYA Atherosclerosis Journal*. 2017;13(1):7-13.

13. Rafie N, Mohammadifard N, **Khosravi A**, Feizi A, Safavi M. Relationship of sodium intake with obesity among Iranian children and adolescents. *ARYA Atherosclerosis Journal*. 2017; 13(1):1-6.
14. Bahonar A, Saadnia F, Khosravi F, Maracy M, **Khosravi A**. Carotenoids as potential antioxidant agents in stroke prevention: A systematic review. *International Journal of Preventive Medicine*. 2017; 8(70): 6-12.
15. **Khosravi A**, Mirdamadi A, Movahed MR. Successful Retrieval of Embolized Atrial Septal Defect Occluder and Patent Foramen Ovale Closure Device Using Novel Coronary Wire Trap Technique. *Catheterization and Cardiovascular Interventions*. 2017; 11 Jun: (1-4).
16. Sarrafzadegan N, Gharipour M, Sadeghi M, Nezafati P, Talaie M, Oveisgharan S, Nouri F, **Khosravi A**. Metabolic Syndrome and the risk of Ischemic Stroke. *J Stroke Cerebrovasc Dis*, Feb 2017; 26(2):286-294.
17. **Khosravi A**, Gharipour M, Nezafati P, Khosravi Z, Sadeghi M7, Khaledifar A, Taheri M, Golshahi J, Sarrafzadegan N. Pre-hypertension, pre-diabetes or both: which is best at predicting cardiovascular events in the long term? *Journal of Human Hypertension*, 2017; 31(6):382-387.
18. Jafari F, MS, Shahriari M, Sabouhi F, MS; **Khosravi A**, Eghbali Babadi M. Effects of a Lifestyle Modification Program on Knowledge, Attitude and Practice of Hypertensive Patients with Angioplasty: A Randomized Controlled Clinical Trial. *International journal of community based nursing and midwifery*. 2016; 4(4):286-296.
19. Shahrani A, Daryabeigi R, Shahriari M, **Khosravi A**. Effect of continuous care model on lifestyle modification in patients with hypertension: Randomized clinical trial study. *International journal of medical research & health science*, 2016; 5(7):231-239.
20. Mohammadifard N, **Khosravi A**, Esmailzadeh A, Feizi A, Abdollahi Z, Salehi F, Sarrafzadegan N. Rationale, design and Initial Findings: Validation of simplified tools for Assessment of sodium intake in Iranian population. *Archives of Iranian Medicine*, September 2016; 19(9):652-658.
21. Mohammadifard N, **Khosravi A**, Esmailzadeh A, Feizi A, Abdollahi Z, Salehi F, Sarrafzadegan N. Validation of simplified tools for assessment of sodium intake in Iranian population: Rationale, Design and initial findings. *Archives of Iranian Medicine*, September 2016; 19(9):652-658.
22. **Khosravi A**, Gharipour M, Behjati M, Sadeghi M, Nezafati P, Talaie M, Shirani S, Jozan M. Paternal or maternal history of hypertension is more important in increasing the risk of hypertension in offspring? *Acta Biomed*, 2016; sep 13; 87(2):161-7.
23. Haidari A, Moeini M, **Khosravi A**. Effect of the peer supportive program on blood pressure changes in patients affected with hypertension: A randomized controlled trial. *International Journal of Medical Research & Health Sciences*, 2016, 5, 75:98-102.
24. Pourmoghaddas M, **Khosravi A**, Akhbari M, Akbari M, Pourbehi M, Ziaei F, Salehizadeh L, Sistan N, Esmaeili M, Bidram P. One year follow-up effect of renal sympathetic denervation in patients with resistant hypertension. *ARYA Atherosclerosis Journal*, 2016; 12(2):109-113.

25. Abdolazimi M, **Khosravi A**, Sadeghi M, Mohammadian-Hafshejani A, Sarrafzadegan N, Salehiniya H, Golshahi J. Predictive factors of short-term survival from acute myocardial infarction in early and late patients in Isfahan and Najafabad, Iran ARYA Atherosclerosis Journal, 2016; 12(2):1-9.
26. **Khosravi A**, Ahmadzadeh S, Gharipour M, Golshahi J, Sadeghi M, Jozan M, Sarrafzadegan N. Is there any relationship between different phenotypes of metabolic syndrome and cardiovascular mortality rate? Advanced Biomedical Research, 2016.
27. **Khosravi A**, Gharipour A, Gharipour M, Khosravi M, Andalib E, Shirani S, Mirmohammadsedeghi M. Advanced method used for hypertension's risk factors stratification: support vector machines and gravitational search algorithm. ARYA Atherosclerosis Journal, 2015, 11(6):349-356.
28. **Khosravi A**, Pourbehi M, Pourmoghaddas M, Ostovar A, Akhbari M, Ziaee-Bideh F, Golshahi J, Shirani S. Evaluating the impact of fractional flow reserve-guided percutaneous coronary intervention in intermediate coronary artery lesions on the mode of treatment and their outcomes: An Iranian experience. ARYA Atherosclerosis Journal, 2015; 11(4):220-227.
29. Etemadifar S, Bahrami M, Shahriari M, **Khosravi A**. Family Caregivers' Experiences of Caring for Patients With Heart Failure: A Descriptive, Exploratory Qualitative Study. Journal of Nursing Research, 2015; 23(2):153-161.
30. Gharipour M, Sarrafzadegan N, Sadeghi M, **Khosravi A**, Hoseini M, Khosravi-Boroujeni H, Khaledifar A. The metabolic syndrome and associated lifestyle factors among the Iranian population. Advanced Biomedical Research, 2015; 4(1):1-6.
31. Khaledifar A, Gharipour M, Bahonar A, Sarrafzadegan N, **Khosravi A**. Association between dietary salt intake and reservation of renal function in patients with mild hypertension. ARYA Atherosclerosis Journal, 2015; 11(Special Issue 1):1-5.
32. Gharipour M, Bahonar A, Sarrafzadegan N, **Khosravi A**, Khaledifar A. Are there any differences in education levels and changes of cardiovascular risk factors among urban and rural population: Isfahan Healthy Heart Program. J Educ Health Promot. 2015; 4:1-7.
33. Bahrami M, Etemadifar Sh, Shahriari M, **Khosravi A**. Informational needs and related problems of family caregivers of heart failure patients: A qualitative study. Journal of Education and Health Promotion, 2014; Nov (3):1-6.
34. Etemadifar S, Bahrami M, Shahriari M, Khosravi A. The effectiveness of a supportive educative group intervention on family caregiver burden of patients with heart failure. Iranian Journal of Nursing and Midwifery Research, 2014; 19(3):217-223.
35. **Khosravi A**, Gharipour M, Abdar M, Saadatnia M, Roghani F, Shirani S, Khaledifar A. Perspective on the hospital incidence rate of deep venous coagulopathy: Clinical and biochemical diagnostic markers. Advanced Biomedical Research, 2014; 3(1):1-6.
36. **Khosravi A**, Pourheidar B, Roohafza H, Moezzi M, Mousavi M, Hajiannejad A, Bidram P, Gharipour M, Shirani S, Golshahi J, Boshtam M, Sarrafzadegan N. Evaluating factors associated with uncontrolled hypertension: Isfahan cohort study, Iran. ARYA Atherosclerosis Journal, 2014; 10(6):311-318.

37. **Khosravi A**, Behjati M, Nilforoush P, Saieedi M, Balouchi A. A case of Marfan's syndrome with multi-level aortic dissections. *ARYA Atherosclerosis Journal*, 2014; 10(6):334-338.
38. Ashrafi F, Darakhshandeh A, Nematolahy P, **Khosravi A**. complete heart block in a patient with POEMS syndrome: A case report. *ARYA Atherosclerosis Journal*, 2014; 10(5):276-279.
39. Bahrami M, Etemadifar S, Shahriari M, **Khosravi A**. Caregiver burden among Iranian heart failure family caregivers: A descriptive, exploratory, qualitative study. *Iranian Journal of Nursing and Midwifery Research*, 2014; 19(1):56-63.
40. Hemmati R, Gharipour M, **Khosravi A**, Jozan M. A Cost-Benefit and Accurate Method for Assessing Microalbuminuria: Single versus Frequent Urine Analysis. Hindawi Publishing Corporation, *International Journal of Hypertension*, Volume 2013, Article ID 752903, 4 pages.
41. Khaledifar A, Gharipour M, Bahonar A, Sarrafzadegan N, **Khosravi A**. Association between Salt Intake and Albuminuria in Normotensive and Hypertensive Individuals Hindawi Publishing Corporation, *International Journal of Hypertension*, Volume 2013, Article ID 523682, 4 pages.
42. Sadrnia S, Pourmoghaddas M, Hadizadeh M, Maghamimehr A, Esmaeeli M, Amirpour A, **Khosravi A**. Factors affecting outcome of primary percutaneous coronary intervention for acute myocardial infarction. *ARYA Atherosclerosis Journal*, 2013; 9(4):241-246.
43. **Khosravi A**, Noohi F, Andalib E, Sadeghiyan S, Peighambari M, Sarrafzadegan N and Working Group. Management of High Blood Pressure: The First Iranian High Blood Pressure Guideline (Summary), *Iranian Heart Journal* 2013; 13 (1):27-35.
44. Gharipour M, Ramezani M, Sadeghi M, **Khosravi A**, Masjedi M, Khosravi-Boroujeni H, Rafieian-kopaei M, Sarrafzadegan N. Sex based levels of C-reactive protein and white blood cell count in subjects with metabolic syndrome: Isfahan Healthy Heart Program. *Journal of Research in Medical Sciences*, 2013; 18:467-72.
45. Haghighatdoost F, Sarrafzadegan N, **Khosravi A**, Noori F, Boshtam M, Mohammadifard N, Abdollahi Z, Azadbakht L. Is the association between salt intake and blood pressure mediated by body mass index and central adiposity?. *Archives of Iranian medicine*. 2013; 16(3):167.
46. Najafian J, Toghianifar N, **Khosravi A**. Exertional abdominal pain as a symptom of secondary pulmonary hypertension in mitral stenosis. *Nigerian journal of clinical practice*. 2013; 16(1):110.
47. **Khosravi A**, Hoseinabadi M, Pourmoghadas M, Shirani Sh, Paydari N, Sadeghi M, Kanani S, Jozan M, Khosravi E. Primary percutaneous coronary intervention in the Isfahan province, Iran; A situation analysis and needs assessment. . *ARYA Atherosclerosis Journal*, 2013; 9 (1):38-44.
48. **Khosravi A**, Raoufi A, Pourmoghadas M, Paydari N, Gharipour M, Namdari M, Khaledifar A, Khosravi M, Bahonar A, Ostovan M, Hasanzadeh M, Sarrafzadegan N. Late clinical events of drug eluting versus bare metal stenting; OPCES' ancillary study. *Pak J Med Sci*, 2013; 29(1):258-263.

49. Gharipour M, **Khosravi A**, Sadeghi M, RoohafzaH, Hashemi M, Sarrafzadegan N. Socioeconomic characteristic and controlled hypertension: Evidence from Isfahan Healthy Heart Programe. ARYA Atherosclerosis journal. 2013; 9(1):77-81.
50. Gharipour M, Kelishadi R, **Khosravi A**, Shirani Sh, Masjedi M, Sarrafzadegan N. The impact of a community trial on the pharmacological treatment in the individuals with the metabolic syndrome: findings from the Isfahan Healthy Heart Program, 2001-2007. Arch Med Sci, 2012; 8(6):1009-1017
51. Noohi F, Sarrafzadegan N, **Khosravi A**, Andalib E. The first Iranian recommendations on prevention, evaluation and management of high blood pressure. ARYA Atherosclerosis Journal, 2012; 8(3):97-118
52. **Khosravi A** Toghianifar N, Sarrafzadegan N, Gharipour M, Azadbakht L. Salt intake, obesity, and pre-hypertension among Iranian adults: A cross-sectional study. Pak J Med Sci, 2012; 28(2):297-302
53. **Khosravi A**, Rowzati M , Gharipour M , Gholamali Fesharaki M , Shirani S , Shahrokhi S , Jozan M , Khosravi E , Khosravi Z , Sarrafzadegan N . Hypertension control in industrial employees: findings from SHIMSCO study. ARYA Atherosclerosis journal 2012; 7(4):191-196.
54. Ansari R, **Khosravi A**, Bahonar A, Shirani S, Kelishadi R, Khosravi Z. Risk factors of atherosclerosis in male smokers, passive smokers, and hypertensive nonsmokers in central Iran. ARYA Atherosclerosis Journal. 2012; 8(2).
55. **Khosravi A** , Ansari R, Shirani Sh, Baghai A, Sarrafzadegan N . Causes of failure to control hypertension in people over 65 years of age. ARYA Atherosclerosis Journal, 2012, 7(5):42-46.
56. **Khosravi A**, Kelishadi R, Sarrafzadegan N, Boshtam M , Nouri F , Zarfeshani S , Esmailzadeh A. Impact of a community-based lifestyle intervention program on blood pressure and salt intake of normotensive adult population in a developing country. J Res Med Sci 2012; 17(3):235-241.
57. Shirani Sh, Samiee Nasab M, Samimi K, Forouzandeh M, **Khosravi A**. Comparison of sensitivity and specificity of cardiac size estimation through plain chest x-ray and two echocardiography. ARYA Atherosclerosis Journal, 2012, 7(5) (Special Issue):1-4.
58. Sabet B, Derakhshan R, Derakhshan F, Kelishadi R, **Khosravi A**. Association of body mass index, waist-to-hip ratio and waist circumference with cardiovascular risk factors: Isfahan Healthy Heart Program. ARYA Atherosclerosis Journal, 2012 (Special Issue); 7(5):47-50.
59. . Khosravi-Boroujeni H, Mohammadifard N, Sarrafzadegan NI, Sajjadi F, Maghroun M, **Khosravi A**, Alikhasi Hn, Rafieian M, Azadbakht L. Potato consumption and cardiovascular disease risk factors among Iranian population. Int J Fod Sci Nutr, 2012; 63(8):913-20.
60. **Khosravi A**, Akhavan Tabib A, Golshadi I, Dana Siadat Z, Bahonar A, Zarfeshani S, Alikhasi H, Rezaei Sh, Nouri F, Hashemi S.M. The Relationship between Weight and CVD Risk Factors in a Sample Population from central Iran (Based on IHHP). ARYA Atherosclerosis J, 2012, 8(2):82-89.



61. Mohammadifard N, Fahimi S, **Khosravi A**, Pouraram H, Sajedinejad S, Pharoah P, Malekzadeh R, Sarrafzadegan N, Advocacy Strategies and Action Plans for Reducing Salt Intake in Iran. *Archives of Iranian Medicine*, 2012; 15(5): 320 – 324.
62. Sarrafzadegan N, Gharipour M, Sadeghi M, **Khosravi A**, Tavassoli A. Metabolic syndrome in Iranian elderly. *ARYA Atherosclerosis Journal*, 2012; 7(4):157-61.
63. Shemirani H , **Khosravi A**, Hemmati R, Gharipour M. Body Mass Index or Microalbuminuria, which one is more important for the prediction and prevention of diastolic dysfunction in Non-diabetic Hypertensive patients. *Int J Prev Med*.2012 Mar; 3(3):211-20.
64. Shemirani H, Hemmati R, **Khosravi A**, Gharipour M, M Jozan. Echocardiographic assessment of inappropriate left ventricular mass and left ventricular hypertrophy in patients with diastolic dysfunction. *JRMS*, 2012; 17(2); 133-137.
65. Shirani Sh, Gharipour M, **Khosravi A**, Kelishadi R, Habibi H, Abdalvand A Sarrafzadegan N. Gender differences in the Prevalence of hypertension in a representative sample of Iranian population: the Isfahan Healthy Heart Program. *Acta biomed*, 2011;82(3):223-229.
66. **Khosravi A**, Pourmoghaddas M, F Ziaie , Enteshari A, Khaledifar A, Bahonar A .Does lipoprotein (a) level have a predictive value in restenosis after coronary stenting. *Int J Prev Med* 2011 Jul-Sep; 2(3):158-163.
67. Tavassoli A, Gharipour M, Toghianifar N, Sarrafzadegan N, **khosravi A**, Zolfaghari B, Zarfeshani S. The impact of obesity on hypertension and diabetes control following healthy Lifestyle Intervention Program in a developing country setting. *JRMS* 2011; 16(Special Issue): 368-376.
68. **Khosravi A**, Pourmoghaddas M, Asadi K, Abdi A, Gholamrezaei A. Immediate results and six months outcomes after percutaneous coronary intervention in a referral heart center in Isfahan, Iran. *ARYA Atherosclerosis Journal*.2011;7(1).24.
69. Sarrafzadegan N, Gharipour M, Ramezani M, Rabiei K, Zolfaghari B, Tavassoli A, Boshtam M, Zarfeshani S, **Khosravi A**, yousefi A. Metabolic syndrome and health-related quality of life in Iranian population. *journal of research in medical science*.2011;16(3):254-261.
70. Gharipour M, Kelishadi R, Toghianifar N, Tavassoli A, **Khosravi A**, Sajadi F, Sarrafzadegan N. Socioeconomic Disparities And Smoking Habits in Metabolic Syndrome: Evidence from Isfahan Healthy Heart Program. *Iran Red Crescent Med J* 2011; 13(8):537-543.
71. Hemmati R, Gharipour M, Shemirani H, **Khosravi A**, **Khosravi E**. Urine Albumin to Creatinine Ratio and Echocardiographic Left Ventricular Structure and Function in Patients with Essential Hypertension. *Am Heart Hosp J*.2011; 9(2); 90-4.
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74. Akhlaghi A, Shirani S, Ziaie N, Pirhaji O, Yaran M, Shahverdi G, Sarrafzadegan N, **Khosravi A**, Khosravi E. Cytochrome p450 2c19 polymorphism in Iranian patient with coronary artery disease. *ARYA Atherosclerosis journal* 2011, 7(3):106-10.
75. Sarrafzadegan N, Kelishadi R, Najafian A, **Khosravi A**, Bahonar A, Asgari S, Sadri G, Amani A, Eshrati B. Anthropometric indices in association with cardio metabolic risk factors: findings of the Isfahan healthy heart program. *ARYA Atherosclerosis Journal* 2010, 5(4): 152-162
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78. **Khosravi A**, Ramezani M, Toghianifar N, Rabiei K, Jahandideh M, Yousofi A. Association between Hypertension and quality of life in a sample of Iranian adults. *ACTA Cardiol*, Aug 2010;65(4);425-430.
79. Bahonar A, **Khosravi A**, Esmaeelian H, Babak A, Sarrafzadegan N, Rahmati M, Jamshidi A, Azad M, Daneshvar P. Methods of implement the operational phases of the health professionals education project-Isfahan healthy heart program (IHHP-HPEP), *ARYA Atherosclerosis Journal* 2009, 5(3): 103-107.
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#### **Plans:**

1. Recording the coronary interventional information in Isfahan, and recording coronary interventional information at national level as a pilot
2. Health personnel training project in Isfahan, Najafabad, and Arak
3. Assessment of serum Lp (a) level, fibrinogen, and anti-cardiolipin antibody in patients with recurring stenosis following PTCA
4. Healthy Life for Cardiovascular Patients Health personal Education
5. Assessment of cardiovascular incidence rate following administration of Osvox compared to Plavix after coronary artery stenting
6. Acute Coronary Events a multinational Survey Of Current Management Strategies
7. Assessment of the effect of treating cardiovascular risk factors on the risk of cardiovascular incidence in patients with hypertension in Isfahan's Folad-Mobarakeh workers
8. Assessment of the amount of salt intake per day based on the amount of urinary sodium chloride excretion in 24 hours in people older than 18 years of age in Isfahan and Najafabad
9. Assessment of the amount of salt intake per day based on the amount of urinary sodium chloride excretion in 24 hours in adults and the amount of sodium chloride excretion in random samples taken from children and adolescents, and also from adults in the urban population of Isfahan
10. Preparation of strategies for the prevention, control, and treatment of hypertension, and naturalization of these strategies in Iran

11. Preparation of the summary of naturalized strategies for the prevention, control, and treatment of hypertension in Iran
12. Launching the first hypertension medical, research, and training center in Isfahan
13. Designing a sensitization model for community and high-risk groups to reducing salt intake in Isfahan
14. Investigating the trend of factors affecting prevalence, awareness, control, and treatment of hypertension among adults in Isfahan (over 15 years) and assessing the effect of the developed model of chronic care on the control and treatment of the disease and self-care
15. Investigating the effect of self-care programs and naturalized medical strategies on improving hypertension control in Iran
16. Epidemiological assessment of stroke incidence trend and fatality rate and related factors in Isfahan 2001-2013
17. Updating hypertension prevention, control, and treatment strategies and naturalization of these strategies in Iran in 2014
18. The effect and comparison of two self-monitoring and telenursing methods on blood pressure in patients with hypertension attending the Hypertension Research Center of Isfahan University of Medical Sciences in 2015
19. The effect of the pursuing care model on lifestyle modification and changes in blood pressure in patients with hypertension attending Isfahan Hypertension Center in 2015
20. Assessing factors facilitating and inhibiting implementation of the national guide to prevention, evaluation, and treatment of hypertension in the medical team of Isfahan University of Medical Sciences

#### **Supervised Thesis's:**

1. Carotid Artery Stenting in Isfahan; A six-month follow up. (2017)
2. Which of the components of the metabolic syndrome have a greater effect on mortality, CVA and MI? hyperglycemia, high blood pressure or both? (2017)
3. Body mass index or Microalbuminuria , which one is more important for the prediction and prevention of diastolic dysfunction in non-diabetic hypertensive patients? (2016)
4. Comparison of results and complication of patients whom undergone PCI by bio absorbable and drug eluting stents in Isfahan county during 2015 by one year follow up. (2016)
5. Effect of peer support program on adherence to treatment of hypertension in patients with hypertension refer to the center of Isfahan 2015. (2016)
6. Effects of a life style modification program on knowledge, attitude, practice on hypertensive patients with angioplasty Isfahan Chamran hospital 2014. (2016)
7. The association between adherence to DASH diet in different levels of sodium intake and obesity indices in children and adolescents aged 11-18 years, Isfahan, Iran. (2016)
8. The association between 24hour urinary sodium to potassium and overweight and obesity among Iranian children and adolescents aged 11-18 years. (2016)

9. Role of manual thrombectomy on cardiovascular outcome among patients with total cut off vessel myocardial infarction undergoing primary percutaneous coronary intervention. (2016)
10. Evaluating the impact of fractional flow reserve-guided percutaneous coronary intervention in intermediate coronary artery lesions on the mode of treatment and their outcomes: An Iranian experience. (2015)
11. Is there any relationship between different phenotypes of metabolic syndrome and cardiovascular event? (2015)
12. Evaluating Factors Associated With Uncontrolled Hypertension: Isfahan Cohort Study. (2014)
13. Long – term effect of renal artery sympathetic ablation and its complication in patients with treatment resistant hypertension.(2014)
14. Evaluation of patients receiving primary percutaneous coronary intervention for acute myocardial infarction. (2013)
15. Primary Percutaneous Coronary Intervention in Isfahan Province. (2013)
16. Late clinical events of drug eluting versus bare metal stenting; OPCES' ancillary Study. (2013)
17. Designing and implementing an intervention program based on the need for family carers in patients with heart failure: a combined study (2013)
18. Prevalence of short-term complications (MACE) in patients with acute myocardial infarction after Percutaneous Coronary Intervention Isfahan Chamran Hospital during six months.
19. Year clinical outcomes in patients with coronary artery disease in the years 1389-1387 in Isfahan Chamran Hospital Percutaneous Coronary Intervention had been in 1390.
20. Immediate results and six-month outcomes after percutaneous coronary intervention in a referral heart center in Isfahan, Iran.
21. Polymorphism analyzes the distribution of P450 2C19 \* 2 (alleles responsible for resistance to Clopidogrel) in patients with coronary stents who are Persians.
22. Comparison of major cardiovascular events in percutaneous coronary intervention with drug-eluting stent MACE DES versus non-pharmacological stents in one-year follow-up study OPCES.
23. Evaluation of cardiac diastolic function in hypertensive patients with proteinuria, the first being that complication.
24. Deep venous thrombosis genetic risk factors set foot in Iran.
25. The Effect Of Low-Dose Niacin Added To Simvastatin On Lipoprotein Profile.
26. Paraxonase (Pon) Activity in Less Than 40 Years Old Nondiabetic Patients With And Without Significant Coronary Artery Disease.

**Invited Speaker:**

**Scientific Lectures inviter speaker:**

1. Definitions, Epidemiology of Hypertension. International Congress on Cardiac Emergencies. 19-21 February 2014. Bandar Abbas, Iran



2. Review on hypertension and salt intake in Iran. 2nd International Preventive Cardiology Congress. 16-18 October 2013, Shiraz-Iran.
3. The First International Congress on Prevention, Diagnosis & Management of Hypertension. 27 – 29 Sep. 2011 , Isfahan – Iran.
4. Developing Iranian guidelines for hypertension treatment and control the 13th International Symposium on Hypertension and Related Diseases November 3-6 2011, Beijing, China.
5. Salt reduction experience and strategies in Iran. The 13th International Symposium on Hypertension and Related Diseases November 3-6 2011, Beijing, China.
6. The role of community-based lifestyle intervention on salt intake and blood pressure in Iran. Munich, Germany 2012. (Poster).
7. Hypertension control in Industrial impact of shimsco Study in Iran. Munich, Germany 2012. (Poster).
8. 2<sup>nd</sup> Middle East Preventive Cardiology Congress. 16-18 October 2013, Shiraz, Iran.
9. Cardiac Rehabilitation after nonsurgical intervention. 1<sup>st</sup> International Congress Cardiac Rehabilitation from research to practice. 21-23 October 2014, Isfahan, Iran.
10. The interventions for lower Extremities Venous Disease symptom. First Symposium of peripheral vascular disease working group/ Iranian Society of International Cardiology. Jan. 16, 2014/ Rajae Hospital/ Tehran-Iran.
11. Definitions, Epidemiology of Hypertension. International Congress on Cardiac Emergencies. (ICCE). 19-21 Feb 2014- Bandar Abbas-Iran.
12. The First Iranian Congress on Acute Coronary Syndromes (1ST ICACS) - Tabriz/Iran. (2016)
13. 1st Congress of Clinical cases in Complex Cardiovascular Therapeutics (CCCCT 1). 2-3 June 2016, Shiraz, Iran.
14. Clinical Cases in Complex Cardiovascular Therapy (CCCCT2) - Shiraz/Iran. (2017)

## **Presentations in Congresses / Seminars / Conferences:**

### **A. International**

1. Euro PCR. 22-25 May 2018.
2. Euro PCR. 22-25 May 2017.
3. ESC Congress. ROME 2016. 27-31 August.
4. Merck Serono Middle East Fz-LLC. 26<sup>th</sup>-28<sup>th</sup> November 2015. Budapest, Hungary.
5. 4<sup>th</sup> International Preventive Cardiology Congress. 30 September-2 October 2015, Shiraz, Iran.
6. International Congress on Cardiac Emergencies. 19-21 February 2014. Bandar Abbas, Iran
7. Evaluating Factors Associated with Uncontrolled Hypertension: Isfahan Cohort Study. 1<sup>st</sup> International Congress Cardiac Rehabilitation from research to practice. 21-23 October 2014, Isfahan, Iran. (Poster)
8. Comparison opinions about causes of failure medication adherence in hypertension. 1<sup>st</sup> International Congress Cardiac Rehabilitation from research to practice. 21-23 October 2014, Isfahan, Iran. (Poster)

9. Perspective of hospital incidence rate of deep venous coagulopathy. 1<sup>st</sup> International Congress Cardiac Rehabilitation from research to practice. 21-23 October 2014, Isfahan, Iran. (Poster)
10. A case of Marfans syndrome with multi-level aortic dissections. 1<sup>st</sup> International Congress Cardiac Rehabilitation from research to practice. 21-23 October 2014, Isfahan, Iran. (Poster)
11. Leipzig Interventional Course (LINC). January 28-31, 2014.
12. International Cardiology RX For Change Curriculum: A clinical Training in Evidence-Based Treatments for Tobacco Use. Isfahan 22 October 2014, Iran.
13. Euro PCR 20<sup>th</sup> -23<sup>th</sup> May 2014. palais des congress-Paris.
14. Esc Congress. Barcelona-Spain 2014.
15. 2<sup>nd</sup> International Preventive Cardiology Congress. 16-18 October 2013, Shiraz, Iran.
16. Euro PCR. 21-24 May 2013.
17. The role of community-based lifestyle intervention on salt intake and blood pressure in Iran. ESC congress 26 August 2012. Munich/Germany. (Poster)
18. Hypertension control in industrial impact of shimsco study in Iran. ESC congress 27 August 2012. Munich/Germany. (Poster)
19. Treatment choice in hypertension: evidence versus conventional opinion, Munich, Germany, Saturday, August 25, 2012.
18. The First International Congress on Prevention, Diagnosis & Management of Hypertension. 27 – 29 Sep. 2011, Isfahan – Iran.
19. The 13th International Symposium on Hypertension and Related Diseases November 3-6 2011, Beijing, China.
20. International Congress on Cardiac Emergencies. (ICCE). 19-21 Feb 2014-Bandar Abbas-Iran.
21. Total Occlusion and Bifurcation Interventions Congress. Venice Mestre on September 15-16, 2011.
22. Euro PCR. 17-20 May 2011.
23. 3<sup>th</sup> International Congress psychosomatic. 24-26 May 2011.
24. Euro PCR. 25-28 May 2010.

## **B. National**

1. 3<sup>rd</sup> Congress of Clinical cases in complex cardiovascular therapeutics (CCCCT3), 12-13 April 2018, Shiraz/Iran.
2. 8<sup>th</sup> Kowsar Hospital Congress. A decade updates in cardiovascular disease. April 24-27, 2018. shiraz/Iran.
3. Clinical Cases in Complex Cardiovascular Therapy (CCCCT2)- Shiraz/Iran. (2017)
4. The First Iranian Congress on Acute Coronary Syndromes (1<sup>st</sup> ICACS). 20-22 July 2016, Tabriz-Iran.
5. 1<sup>st</sup> Congress of Clinical cases in Complex Cardiovascular Therapeutics (CCCCT 1). 2-3 June 2016, Shiraz, Iran.
6. Registered national workshop on cardiovascular disease. 07 January 2016, Isfahan, Iran.
7. 4<sup>th</sup> Iranian Cardiovascular Joint Congress. 1-4 March 2016, Tehran, Iran.

8. First Symposium of peripheral vascular disease working group/Iranian Society of International Cardiology.
9. 17<sup>th</sup> Congress of Iranian Heart Association.10-13 May 2011.Tehran/Iran.
10. The second annual Conference on Interventional Cardiology.5-6 Feb 2008-Shaheed Rajaie Heart center. Tehran/Iran.
11. 6<sup>th</sup> National Congress of Cardiology.11-12 June 2004.Mashhad-Iran.
12. The First Regional (EMRO) Congress on Tobacco and Health, Kish Island, CAD morbidity in diabetic and non- diabetic group in smoker, passive smoke and non-smoker.